

PRESS KIT

LHOTSE 8,516 M

# WITHOUT OXYGEN BEZ KYSLÍKU

Feature documentary and high-altitude expedition

AUTUMN 2026 / IN PRODUCTION





## PROJECT AT A GLANCE

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| <small>PERFORMANCE</small><br><b>Planned ascent of Lhotse 8,516 m without supplemental oxygen</b> | <small>DESCENT</small><br><b>Attempted ski descent</b>            | <small>LOCATION</small><br><b>Nepal</b>                                |
| <small>PERIOD</small><br><b>Autumn 2026</b>                                                       | <small>EXPEDITION</small><br><b>Approximately 1.5 to 2 months</b> | <small>FORMAT</small><br><b>Feature documentary film</b>               |
| <small>RUNNING TIME</small><br><b>Minimum planned length of 70 minutes</b>                        | <small>PRODUCER</small><br><b>Perfect Knowledge s.r.o.</b>        | <small>REGISTRATION</small><br><b>Czech Audiovisual Fund 114P/2025</b> |

## SYNOPSIS

## A FILM ABOUT THE LINE BETWEEN AMBITION AND RESPONSIBILITY.

Without Oxygen is not only a film about athletic performance. It follows the body, decision-making, risk, hypoxia, preparation and the moments where ambition meets responsibility toward the team and one's own life.

The project combines authentic expedition footage, long-term documentary observation, medical and physiological perspectives and data collected during preparation and the expedition.

The outcome of the expedition is not known in advance. The film does not manufacture a victory story; it opens a space for real decisions in an environment where a mistake can have fatal consequences.

## LHOTSE EXPEDITION

# THE MOUNTAIN IS NOT THE GOAL. IT IS THE ENVIRONMENT THAT SETS THE RULES.

At 8,516 metres, Lhotse is one of the highest mountains on Earth. The planned expedition will take place in the Khumbu region of Nepal, where technical difficulty is combined with extreme altitude, hypoxia, wind, very low temperatures and limited time for decision-making.

The project includes responsibility for safe decisions, including the possibility of ending the attempt. The press kit therefore does not claim a record or a world first and does not present the summit as a guaranteed outcome.

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LHOTSE 8,516 M

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KHUMBU ENVIRONMENT

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HYPOXIA AND EXTREME ALTITUDE

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LOW TEMPERATURES AND WIND

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TECHNICAL AND PSYCHOLOGICAL DIFFICULTY

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THE OPTION TO SAFELY END THE ATTEMPT

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## THE BODY UNDER WATCH

# MEASUREMENT IS NOT A PROMISE OF AN OUTCOME. IT IS A WAY TO BETTER UNDERSTAND THE BODY'S RESPONSE.

During preparation and, depending on technical and safety conditions, also during the expedition, the project will monitor the body's response to hypoxia, physical load, recovery and sleep.

The specific measurement setup will be published only after the technical and production involvement is finally confirmed. No specific measured values are stated where they do not yet exist.

The data is intended to support the medical team, expert evaluation and the film as an authentic view of what happens to the body near its limits. This is not a medical promise or a completed scientific study.

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HEART RATE AND VARIABILITY

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OXYGENATION

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BREATHING ACTIVITY

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BODY TEMPERATURE

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PHYSICAL LOAD AND MOVEMENT

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SLEEP AND RECOVERY

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RESPONSE TO ALTITUDE

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ONDŘEJ NOVÁK



## PROJECT AUTHOR, PROTAGONIST AND PRODUCER.

Ondřej Novák is the author of the project, an extreme athlete, the main protagonist and producer of Without Oxygen.

In 2021, he descended Kilimanjaro 5,895 m by mountain bike. In 2022, he climbed Mera Peak 6,476 m and descended it by mountain bike as part of the documentary project Magoři na kole.

In Without Oxygen, he connects athletic performance, filmmaking, crisis management and project management. Extreme performance is not the only purpose of the story; it is a way to tell a story about preparation, risk and decision-making.

### TEAM

Four roles connecting expedition experience, image-making, medicine and long-term preparation of the body.

#### Ondřej Novák

PROJECT AUTHOR / EXTREME ATHLETE / PRODUCER

Ondřej Novák connects extreme sport, documentary storytelling and project management. In Without Oxygen, he is the author, main protagonist and producer.

#### Tomáš Koucký

EXPEDITION CINEMATOGRAPHER

A cinematographer, director and editor focused on documentary and outdoor filmmaking. He worked on Magoři na kole and is responsible for visually capturing the expedition.

#### MUDr. Lenka Horáková, Ph.D., DESAIC

MOUNTAIN AND EXPEDITION MEDICINE

A physician focused on anaesthesiology, intensive care, hypoxia and mountain medicine. President of the Czech Society of Mountain Medicine.

#### MUDr. František Zámola

SPORTS MEDICINE AND PERFORMANCE PREPARATION

A physician focused on sports diagnostics, physical performance and individual response to training load. Healthy Longevity Clinic.



## FILM AND PRODUCTION

# FILM AND PRODUCTION

|                                         |                                 |
|-----------------------------------------|---------------------------------|
| WORKING CZECH TITLE                     | INTERNATIONAL TITLE             |
| <b>Bez kyslíku</b>                      | <b>Without Oxygen</b>           |
| PRODUCER                                | FORMAT                          |
| <b>Perfect Knowledge s.r.o.</b>         | <b>Feature documentary film</b> |
| MINIMUM PLANNED LENGTH                  | STATUS                          |
| <b>70 minutes</b>                       | <b>In production</b>            |
| REGISTRATION                            | PREMIERE / DISTRIBUTION         |
| <b>Czech Audiovisual Fund 114P/2025</b> | <b>To be announced</b>          |

## PARTNERS

Partners are shown from the current project website data. Names and logos link to their official websites.

|                          |                                 |
|--------------------------|---------------------------------|
| <b>Perfect Knowledge</b> | <b>BrainMarket</b>              |
| <b>Vertone</b>           | <b>Healthy Longevity Clinic</b> |
| <b>Saneli.cz</b>         | <b>DAY1.cz</b>                  |

## LIVE EXPEDITION TRACKING

# LIVE EXPEDITION TRACKING

During the expedition, this section will provide access to the last publicly shared position if satellite connection, conditions and the expedition safety mode allow it.

**Tracking will be activated during the expedition.**

Location availability depends on satellite connection, weather, terrain and the expedition safety mode. This is not continuous online tracking.

## MEDIA AND CONTACT

# MEDIA AND CONTACT

Media can request interviews, photography, video, partnership information or further production materials. Approved photography and video are available on request.

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INTERVIEW REQUEST

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PHOTO AND VIDEO REQUEST

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PARTNERSHIP CONTACT

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DOWNLOAD ENGLISH PRESS KIT

Approved photography and video files are not yet published as a public download package. Media materials are available on request through the official project contact.

**media@perfectknowledge.cz**

**+420 728 655 555**

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